

TRAINING RELEASE COMMAND



1

Start in a sit position. Wait a few seconds and then give your dog the release cue and make a backward motion with the treat and your whole body to get your dog to break out of the sit command.

2

Be very enthusiastically and engaging so your dog will want to follow you. Treat him as a reward and repeat this step a few times.

3

After your dog has successfully been released out of the command you will want to slowly decrease your motion. Make less effort to get your dog out of command until you only have to stand there and reward him.

4

Gradually extend the waiting time which will also strengthen the built-in stay. Start to use the release cue with other commands like lay down, stand or heel.